

# Lamerton Hunt branch of the Pony Club

## Autumn Triathlon Sunday 18th November 2018

Launceston College and the Phoenix Leisure Centre, Launceston

Starting times (approximate): Shooting 10 am, Running 12 noon, Swimming 2 pm

Class	Age on 1 <sup>st</sup> Jan	Shoot Launceston College	Swim Phoenix Leisure Centre	Run
1 Beanies	7 years & under	Bean bag throwing	2 minutes	500m
2 Tadpoles	9 years & under	Static targets 7m Two handed	2 minutes	1000m
3 Parents and supporters		Static targets 7m Two handed	2 minutes	1000m
4 Minimus girls	11 years & under	Turning targets 7m Two handed	2 minutes	1000m
5 Minimus boys	11 years & under	Turning targets 7m Two handed	2 minutes	1000m
6 Junior girls	14 years & under	Turning targets 7m One handed	3 minutes	1500m
7 Junior boys	14 years & under	Turning targets 7m One handed	3 minutes	1500m
8 Open girls	25 years & under	Turning targets 10m One handed	3 minutes	1500m
9 Open boys	25 years & under	Turning targets 10m One handed	4 minutes	2000m

**Team class:** Teams of 3 or 4 competitors (3 scores to count) from classes 2,4-9, mixed, nominated by clubs, no extra fee

**Entry fees:** £16 for triathlon, £13 for Lamerton members, discount of £2 for 2<sup>nd</sup> family member competing, cheques payable to Lamerton Hunt Pony Club, no refunds after closing date.

**Closing date: 9<sup>th</sup> November 2018**

**Enquiries and entries to:**

Sue Ryan, Quarry Cottage, Yeolmbridge, Launceston, Cornwall PL15 8TH

**Email:** [sue.ryan@budehaven.cornwall.sch.uk](mailto:sue.ryan@budehaven.cornwall.sch.uk)

Phone: 07823 323828 or 01566 774973

**Times** will be emailed to Team managers by Friday 16th Nov 2018.

**Rosettes:** up to 10<sup>th</sup> place individually, for best of phase, and up to 6<sup>th</sup> place for teams

**Refreshments:** will be available

**Legal Liability:** Neither the Organizers, nor any person acting on their behalf, accept any liability for any loss, damage, accident, injury or illness to competitors, spectators or any person or property whatsoever.

**Health and Safety:** The Organizers have taken reasonable precautions to ensure the Health and Safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organizer and all the officials and stewards.

